

## Rhythm of Life Semi-Circle

### The Win

As a Christ-follower, I will come to understand what a healthy rhythm of life looks like and be able to self-diagnose where I have deficiencies, prompting me to take faith steps to establish biblical patterns of work and rest.

### Celebrate Faith Steps

Share the steps I have taken this week to explore faith or to help others explore faith. This might be related to what I have learned from EXPLORE THE BIBLE this past week. It might have come from something that happened with my family, co-worker, or friend. How have I heard God speaking and acted on it?

### Read the Passage to Determine What God Is Saying

Read John 15:1-8 (page 589)

<sup>1</sup> "I [Jesus] am the true vine, and my Father is the gardener. <sup>2</sup> Every branch in me that does not produce fruit he removes, and he prunes every branch that produces fruit so that it will produce more fruit. <sup>3</sup> You are already clean because of the word I have spoken to you. <sup>4</sup> Remain in me, and I in you. Just as a branch is unable to produce fruit by itself unless it remains on the vine, neither can you unless you remain in me. <sup>5</sup> "I [Jesus] am the vine; you are the branches. The one who remains in me and I in him produces much fruit, because you can do nothing without me. <sup>6</sup> If anyone does not remain in me, he is thrown aside like a branch and he withers. They gather them, throw them into the fire, and they are burned. <sup>7</sup> If you remain in me and my words remain in you, ask whatever you want and it will be done for you. <sup>8</sup> My Father is glorified by this: that you produce much fruit and prove to be my disciples."

### Retell the Passage to Highlight What God Is Saying

**Q1 – According to verses 1 and 5, who is the true vine?**

**Q2 – Also in verse 1, who is described as the gardener?**

**Q3 – Why does verse 2 say that the branches are pruned?**

**Q4 – According to the first part of verse 4, who are we to "remain in" or be relationally connected to as Christ-followers?**

**Q5 – What does Jesus say in verse 4 causes Christ-followers to be able to produce fruit?**

**Q6 – Who does verse 8 claim receives the glory when we produce much fruit?**

**Q7 – According to verse 8, how do we prove that we are Christ's disciples (Christ-followers)?**

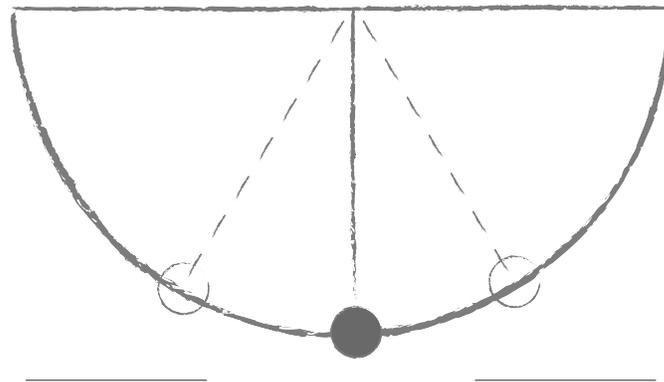
## Relate the Passage to Determine What I Should Do about It

God has created us to be in a relationship with him, which is referred to in this passage as “remaining in” him and his “remaining in” us. This has nothing to do with mentally believing in him. This is about a relational connection. This passage teaches that our fruit or service is only seen as productive when it flows out of our relationship with Jesus.

From \_\_\_\_\_ we GROW, from \_\_\_\_\_ we bear FRUIT, from bearing \_\_\_\_\_ we are PRUNED, from being \_\_\_\_\_ we REST IN HIM.

Serving apart from a daily relationship with Jesus, even if it is doing good, accounts for nothing that will please God nor be seen as holding any eternal value.

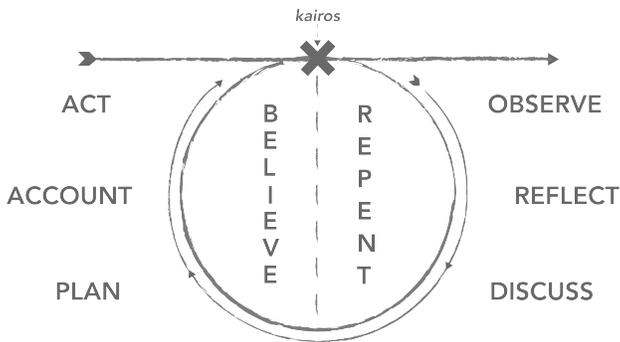
## Rhythm of Life Semi-Circle



- Q1 – On a scale of 1 to 10, how likely are you to serve first and then give God your spare time?**
- Q2 – What are you doing to intentionally focus on growing in your relationship with Jesus?**
- Q3 – Share how you are serving out of your growing relationship with Jesus as opposed to relying on your own strength?**
- Q4 – Evaluate your motives: Are you are serving to glorify yourself or God? How would focusing more on growing in your relationship with Jesus help?**
- Q5 – On average, where does your semi-circle usually swing from resting in Jesus (focusing on relationship) to serving Jesus?**

## PARTICIPATION

Spend some time walking through the Kairos Circle steps.



**OBSERVE:** Pray for God to speak to you about what you have been learning. If necessary, briefly go back through this lesson and your notes and review to help bring things to mind.

**REFLECT:** Consider or meditate on what God might be attempting to reveal to you. See if there is any area that he desires to grow, stretch, or change in you related to what we have been talking about. Picture yourself doing what he is leading you to do. What might that look like?

**DISCUSS:** Create your own accountability by writing down what you sense God is saying to you and what you believe you should begin to do about it. Make sure you create a **clear action step** to take. Be ready to share this with the group.

**PLAN:** Invite the group into your process by sharing your insights and action plan.

**ACCOUNT:** Create a question that your group will later ask you to help remind you what God said to you and what you agreed to do about it.

**ACT:** Now get out there, and do it.

## **CHALLENGE and PRAY**

### **EXPLORE FAITH**

Use this week's EXPLORE THE BIBLE guide to help you daily determine what God is saying to you (Kairos moments) and what you are going to do about it. Then come willing to share next week.

### **EXPERIENCE COMMUNITY**

Pray for the people in your Mentoring Group and communicate with them this week.

### **EXPAND MISSION**

Begin to pray for those in your sphere of influence that might not be Christ-followers.

Use the EXPLORE FAITH STUDY to get into spiritual conversations with someone in your sphere of influence. If you don't know what this is or have never been through it, ask your group leader to walk through it with you.

### **GROUP PRAYER REQUESTS:**