

## KAIROS CIRCLE

### The Win

To hear the voice of God in my life and to respond in obedience to his voice: This happens daily and could happen in a conversation, listening to a song, hearing a sermon, or reading the Bible.

### Celebrate Faith Steps

Share the steps I have taken this week to explore faith or to help others explore faith. This might be related to what I have learned from EXPLORE THE BIBLE this past week. It might have come from something that happened with my family, co-worker, or friend. How have I heard God speaking and acted on it?

### Read the Passage to Determine What God Is Saying

Read Mark 1:9-15 (page 547).

<sup>9</sup> In those days Jesus came from Nazareth in Galilee and was baptized in the Jordan by John. <sup>10</sup>As soon as He came up out of the water, he saw the heavens being torn open and the Spirit descending on him like a dove. <sup>11</sup> And a voice came from heaven: "You are my beloved Son; with you I am well-pleased."

<sup>12</sup> Immediately the Spirit drove him into the wilderness. <sup>13</sup> He was in the wilderness forty days, being tempted by Satan. He was with the wild animals, and the angels were serving him.

<sup>14</sup> After John was arrested, Jesus went to Galilee, proclaiming the good news of God: <sup>15</sup> "The time is fulfilled, and the kingdom of God has come near. Repent and believe the good news!"

### Retell the Passage to Highlight What God Is Saying

**Chronos** is the Greek word the Bible uses to express time as we experience it in units such as seconds, days, years, etc.

**Q1 – How do verses 9 and 13 express the passing of time or Chronos during Jesus' life?**

**Kairos** is the Greek word for events that happen during a span of time. During these events in the life of Jesus, there is a recognition of God's activity and direct involvement.

**Q2 – List the events in the life of Jesus that are mentioned in verses 9, 12, and 14.**

**Q3 – According to verses 11 to 13, how do we see God directly involving himself in the events of Jesus' life?**

**Q4 – In verse 14, what was Jesus preaching in Galilee?**

**Q5 – Verse 15 says that after offering good news, Jesus explained that their Kairos moment/event was awaiting them by saying what had been "fulfilled"?**

**Q6 – According to verse 15, how did Jesus expect his audience to respond after he spoke into their lives? \_\_\_\_\_ means to change the direction of our life. \_\_\_\_\_ means knowledge that takes steps of faith.**

## **Relate the Passage to Determine What I Should Do about It**

Just as in Jesus' life, God relationally intersects and challenges us every day through our events/moments. As was mentioned before, this time or event in the Greek is called Kairos or a **Kairos moment**. A Kairos moment requires action. Just as Jesus' audience, we are also supposed to **repent (change the direction of our lives)** and **believe (knowledge that takes steps of faith)** when Jesus speaks into our lives.

Kairos moments are events that can happen every day, such as reading the Bible, seeing opportunity to help someone in need, sensing a need to quit a bad habit, or a significant event like a birthday. They can also be hard experiences, such as a flat tire, criticism from a friend, struggling to pay a bill, the loss of a job, or facing the consequences of a repeated sin.

There are three possible responses to Kairos moments in our lives:

1. I can ignore God's voice and stall the growth of my relationship with Jesus and the people around me.
2. I can disobey and run away from the action Jesus desires for me to take, which will damage my relationship with God and the people around me.
3. I can obey and follow God's direction for my life and continue to grow in my relationship with Jesus and the people around me.

**Q1 – Can you think of a Kairos moment (event) in your life (a hardship, celebration, an everyday activity) in which you sensed God was leading you to do something?**

**Examples:**

- a. Sensed God was leading me to forgive someone
- b. Sensed God was leading me to invite someone to church
- c. Sensed God was leading me to help someone
- d. Sensed God was leading me to quite cussing, porn, any bad habit, etc.

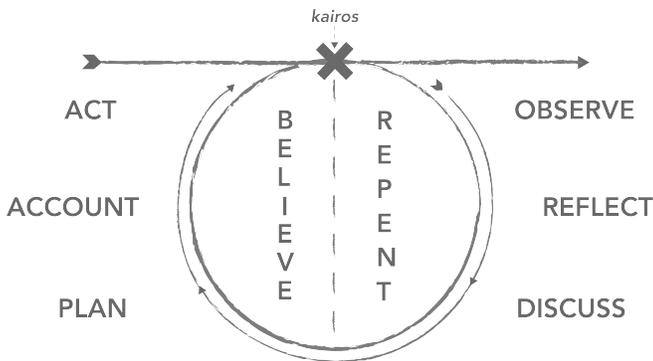
**Q2 – What was your response, and how did it affect you?**

**Examples:**

- a. Ignored God
- b. Obeyed God
- c. Disobeyed God

# THE KAIROS CIRCLE

We use a shape called the Kairos Circle to help describe the relational process by which God intersects with the events in our lives to lead us to grow in our relationship towards him and others.

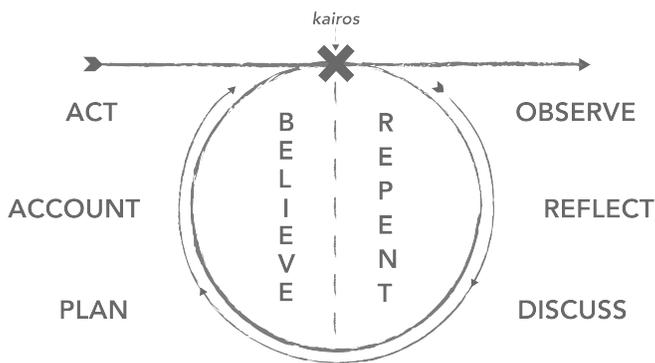


The first side (right side) of the Kairos circle is \_\_\_\_\_.

REPENT = \_\_\_\_\_, a process that ends in changing the direction of our life

Here we ask ourselves the question, **“What is God saying to me?”** To determine what God is saying, we must go through a three-step process.

1. OBSERVE means that you \_\_\_\_\_ long enough to name your Kairos moment.
2. REFLECT means to deeply \_\_\_\_\_ and \_\_\_\_\_ on what God is trying to teach you. Genuine reflection calls us to look at our life through God’s eyes. Picture yourself doing what he is leading you to do.
3. DISCUSS means that you begin the process of \_\_\_\_\_ your own \_\_\_\_\_ by talking with trusted friends who are exploring faith with you. Discussion is the key in moving towards REPENTANCE and BELIEF and the bridge that moves us from internal change to external action.



The second side (left side) of the Kairos circle is \_\_\_\_\_.

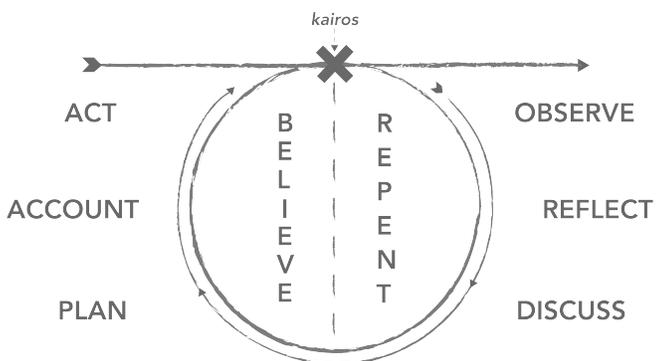
BELIEVE = \_\_\_\_\_, a process in which our knowledge leads us to take steps of faith

Here we ask ourselves, **“What am I going to do about it?”** To determine what we need to do, we must go through a three-step process.

1. PLAN - Now that you’ve observed, reflected, and discussed with someone what God is teaching you, \_\_\_\_\_ of action to do it and tell your friends in your Mentoring Group.
2. ACCOUNT - \_\_\_\_\_ them to be your ACCOUNTABILITY. You can create accountability simply by coming up with a question your Mentoring Group asks you that will remind you what God said to you and what you agreed to do about it. When your group asks you the accountability question, they are demonstrating that they love you enough to remind you to conform your life to the picture God showed you in your Kairos moment.
3. ACT -- Now get out there, and \_\_\_\_\_.

## PARTICIPATION

Spend some time walking through the Kairos Circle steps.



**OBSERVE:** Pray for God to speak to you about what you have been learning. If necessary, briefly go back through this lesson and your notes and review to help bring things to mind.

**REFLECT:** Consider or meditate on what God might be attempting to reveal to you. See if there is any area that he desires to grow, stretch, or change in you related to what we have been talking about. Picture yourself doing what he is leading you to do. What might that look like?

**DISCUSS:** Create your own accountability by writing down what you sense God is saying to you and what you believe you should begin to do about it. Make sure you create a **clear action step** to take. Be ready to share this with the group.

**PLAN:** Invite the group into your process by sharing your insights and action plan.

**ACCOUNT:** Create a question that your group will later ask you to help remind you what God said to you and what you agreed to do about it.

**ACT:** Now get out there, and do it.

## **CHALLENGE and PRAY**

### **EXPLORE FAITH**

Use this week's EXPLORE THE BIBLE guide to help you daily determine what God is saying to you (Kairos moments) and what you are going to do about it. Then come willing to share next week.

### **EXPERIENCE COMMUNITY**

Pray for the people in your Mentoring Group and communicate with them this week.

### **EXPAND MISSION**

Begin to pray for those in your sphere of influence that might not be Christ-followers. Use the EXPLORE FAITH STUDY to get into spiritual conversations with someone in your sphere of influence. If you don't know what this is or have never been through it, ask your group leader to walk through it with you.

### **GROUP PRAYER REQUESTS:**